**Attitudes towards risk-taking behaviours among working class young adults with congenital heart disease**

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While much existing literature has explored the lived experiences of CHD patients, the impact that their condition has on their lifestyle, and influence that a person’s socioeconomic status has on health outcomes, a gap remains regarding CHD patients’ engagement with behaviours that could pose a risk to their cardiovascular health, and the influence of socioeconomic status on this. This research addresses that gap by examining how participants conceptualise ‘risk’ in relation to their condition, and the social and environmental factors that shape their decisions to engage in or avoid risky behaviours. This study will involve up to 20 semi-structured interviews with British young adults aged 18–30, recruited primarily through the British Heart Foundation’s patient involvement network. Findings will offer insights into how socioeconomic class and lived experience intersect to influence health behaviours in this population. Results will support healthcare professionals in developing more effective communication strategies with CHD patients regarding risk and self-management.

Joe Sankey is the Evaluation & Impact Lead (Health) at the British Heart Foundation, where he leads research and evaluation on a range of cardiovascular health interventions and programmes. Joe’s research draws on qualitative and mixed-methods approaches to explore a range of topics, including the lived experiences of individuals affected by heart conditions, public attitudes to CPR and defibrillation and the attitudes and behaviours of BHF volunteers. He is particularly interested in the social determinants of health and how these interplay with CHD(?) patients.